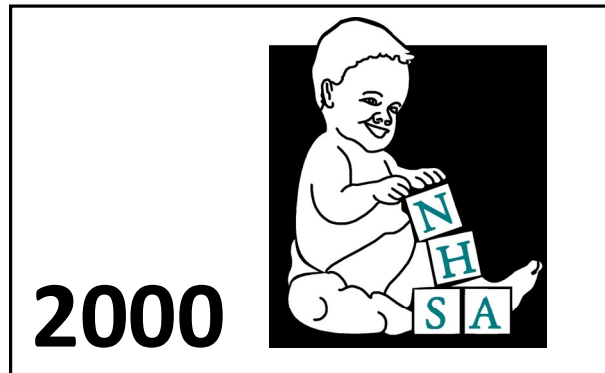


NHSA's 20th Annual Conference



**Pre-conference Workshops:
October 19 & 20, 2019**



**Conference:
October 21-23, 2019**

Hyatt Regency Washington on Capitol Hill

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PRE-CONFERENCE WORKSHOPS

Saturday, October 19, 2019 & Sunday, October 20, 2019

7:30 a.m. – 10:00 a.m.

Registration

Regency Foyer Wall

7:30 a.m. – 8:30 a.m.

Breakfast

Breakout Rooms – TBA

8:30 a.m. – 10:00 a.m.

Technical Assistance Sessions:

A. Strategies for Success

Room – TBA

Presenters:

- **Belinda Pettiford**, Branch Head, Women's Health Branch, Division of Public Health, NC Department of Health and Human Services
- **Yvonne Beasley**, Director, Maternal and Child Health, Marion County (IN) Health Department

Target Audience: *New Healthy Start Grantees; limited to 30 participants*

B. Health Equity and Social Justice

Room – TBA

Presenter: *Denise Evans, Project Coordinator, Strong Beginnings – Healthy Start (MI); community organizer and trained facilitator of health equity justice, Cultural Intelligence (CQ) and Unconscious Bias*

Target Audience: *CAN Coordinators; limited to 30 participants*

C. Community Engagement

Room – TBA

Presenter: *Mildred Thompson, Retired Senior Director and Director of the PolicyLink Center for Health Equity and Place*

Target Audience: *All Healthy Start Staff; limited to 30 participants*

10:00 a.m. – 10:15 a.m.

Break

10:15 a.m. – 12:00 p.m.

T. A. Sessions continue

12:00 p.m. – 1:00 p.m.

Luncheon

Breakout Rooms

1:00 p.m. – 3:00 p.m.

Break

3:15 p.m. – 5:00 p.m.

T. A. Sessions continue

Rooms – TBA

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Standing in the Gap: Addressing Equity and the Impact of Racism on Health Outcomes for Women, Children, Fathers, Families and Communities

Sunday, October 20, 2019

1:30 p.m. – 5:00 p.m.
Registration

Regency Foyer Wall – Ballroom Level

4:30 p.m. – 5:30 p.m.

First-Time Attendees & Consumer Orientation

Thornton Room – 11th Floor

Monday, October 21, 2019

6:30 a.m. – 7:30 a.m.

Yoga Class

Start the day with yoga poses and breath-work! Suitable for all levels, but with a special emphasis on introducing yoga to beginners. Please bring a mat or a large towel. NO fee; advance registration required.

Instructor: Chinwe Obianwu, RYT, *Creative Solutions for Public Wellness*

Location – TBA

7:30 a.m. – 3:00 p.m.

Registration

Regency Foyer Wall – Ballroom Level

7:30 a.m. – 8:30 a.m.

Breakfast with Exhibitors

Regency Foyer – Ballroom Level

7:30 a.m. – 4:00 p.m.

Family Room Open

Regency D – Ballroom Level

8:30 a.m. – 8:45 a.m.

Welcome and Opening Remarks

Presenters:

- **Timika Anderson Reeves, *NHSA Board President***
- **Angelia Ellison, *Conference Chair***
- **Deborah L. Frazier, *NHSA CEO***

Regency ABC – Ballroom Level

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8:45 a.m. – 9:15 a.m.

Remarks and Updates from the Maternal and Child Health Bureau (MCHB) and the Division of Healthy Start and Perinatal Services (DHSPS)

Presenters:

- Michael Warren, MD, MPH, *Associate Administrator, MCHB*
- Tiffany McNair Wiggins, MD, MPH, *Director, DHSPS*

9:15 a.m. – 9:30 a.m.

Remarks and Updates from the Healthy Start Epic Center

Presenters:

- Scott Berns, MD, MPH, *Co-PI, Supporting Healthy Start Performance Project (SHSPP)*
- Kenn Harris, *Project Director, SHSPP*

9:30 a.m. – 10:15 a.m.

Opening Session: *Expecting Justice in Public Health and in Birth Outcomes*

Presenter: Vijaya Hogan, PhD, *Clinical Associate Professor, Gillings School of Global Public Health, University of North Carolina (UNC)-Chapel Hill; adjunct faculty, Department of Obstetrics and Gynecology, UNC School of Medicine; Research Fellow, Sheps Center for Health Services Research*

10:15 a.m. – 10:30 a.m.

Healthy Start Choir

10:30 a.m. – 10:45 a.m.

Break

10:45 a.m. – 11:45 a.m.

Plenary Session: *Topic – TBA*

Speaker: Deborah B. Prothrow-Stith, MD, *Dean and Professor of Medicine, College of Medicine, Charles R. Drew University, Adjunct Professor of Medicine, David Geffen School of Medicine*

11:45 a.m. – 12:15 p.m.

Break

12:15 p.m. – 1:30 p.m.

Luncheon

Speaker: Charles Johnson, *Founder, 4Kira4Moms*

Regency ABC – Ballroom Level

1:30 p.m. – 1:45 p.m.

Break

1:45 p.m. – 3:15 p.m.

Concurrent Workshops – Session A:

A1: Postpartum Safety Bundles

Presentations & Presenters:

A2: Depression, Stress and Anxiety

Presentations & Presenters:

- **Mom Baby Massage Project: Reducing Perinatal Depression through Message Therapy**

Locations- TBA

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Presenters:

- Fernanda Ruiz, MSW, *Mary's Center*
- Edwina Davis, MS, MCHES, LMT, *Mary's Center*
- **Addressing Toxic Stress Among an Incarcerated Population**
Presenter: Teneshia Lambey, BS, *Northeast Florida Healthy Start*
- **Toxic Stress: Addressing the Complex Factors Impacting Women's Mental Health During Pregnancy and the Post-partum Period and How to Promote Strength and Resiliency**
Presenter: Anita Adams, LMFT, *Marion County Public Health*

A3: Evaluation of Healthy Start Programs

Presentations & Presenters:

- **Fostering Quality Improvement through Participatory System Dynamics Modeling**
Presenters:
 - David W. Lounsbury, PhD, *Bronx Healthy Start Partnership – Albert Einstein College of Medicine*
 - Alma Idehen, *Bronx Healthy Start Partnership – Albert Einstein College of Medicine*
- **The Family Tree & PRAMS: Proof That Healthy Start is Making a Difference in Louisiana**
Presenters:
 - Kristen Copenhaver, M.Ed., *The Family Tree Information, Education & Counseling Center*
 - Jerry Roberson, PhD, *The Family Tree Information, Education & Counseling Center*
- **Baby's 1st Project: How PPOR Data Set the Stage for Shared Community Action**
Presenter: Katie Kenyon, BA, *Community Engagement Director, The Foundation for Delaware County's Healthy Start Program*

3:15 p.m. – 3:30 p.m.

Break

3:30 p.m. – 5:00 p.m.

Locations – TBA

Concurrent Workshops – Session B

B1: AMCHP and Public Health Solutions

Presentations & Presenters:

B2: Fetal and Infant Mortality Review

Presentations & Presenters:

B3: The Rise in HIV in Women

Presentations & Presenters:

B4: Best Practices in the Healthy Start Programs and Partnerships

Presentations & Presenters:

- **Moms of Empowerment: Improving Outcomes through Group Support and Care**
Presenter: Teneshia Lambey, BS, *Magnolia Project Director, Northeast Florida Healthy Start*
- **Increasing Access to Doula Care for Women of Color: A Neighborhood Approach**
Presenters:

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- **Gabriela Ammann, MPH, CD(DONA), LCCE**, *Community Programs Manager, Healthy Start Brooklyn*
- **Regina Conceição, BA, FDC, CLC, CD(DONA)**, *Doula Coordinator, Healthy Start Brooklyn*
- **Preventing Lead Exposure During Pregnancy**
Presenter: Gwendolyn A. Daniels, DNP, MSN, RN, *Healthy Start Project Director, Institute for Population Health, Inc.*
- **Housing & Health – Building Blocks for Better Birth Outcomes**
Presenters:
 - **Katie Kenton, BA**, *Community Engagement Director, The Foundation for Delaware County's Healthy Start Programs*
 - **Akesha Gainer, MSW, LSW**, *Social Services, The Foundation for Delaware County's Healthy Start Programs*
 - **Joanne Craig, MS**, *Vice President for Programs, The Foundation for Delaware County's Healthy Start Programs*

5:15 p.m. – 6:30 p.m.

Regency AB – Ballroom Level

NHSA Annual Membership Meeting

(Open to all members in good standing with the National Healthy Start Association)

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Tuesday, October 22, 2019

- 6:30 a.m. – 7:30 a.m.** *Location – TBA*
Yoga Class (see Monday for description)
- 7:30 a.m. – 10:00 a.m.** *Regency Foyer Wall – Ballroom Level*
Registration
- 7:30 a.m. – 8:30 a.m.** *Regency Foyer – Ballroom Level*
Breakfast with Exhibitors
- Fatherhood Breakfast** *Congressional A – Lobby Level*
(For Healthy Start Dads/Healthy Start Fatherhood Program Leaders/Coordinators ONLY)
- 7:30 a.m. – 4:00 p.m.** *Regency Foyer – Ballroom Level*
Exhibit Room Open
- Family Room Open** *Regency D – Ballroom Level*
- 8:30 a.m. – 8:40 a.m.** *Regency ABC – Ballroom Level*
Opening Remarks
Presenter: Deborah L. Frazier, NHSA CEO
- 8:40 a.m. – 9:30 a.m.**
Opening Plenary: 2019
Speaker: Arthur James, MD, Co-chair, Center for Disease Control and March of Dimes Health Equity Workgroup; Senior Consultant, First-year Cleveland; obstetrician, gynecologist and pediatrician
- 9:30 a.m. – 10:0 a.m.**
Plenary: Ending Preventable Maternal Deaths: The Value of Community Health Perspectives
Speaker: Julie Zaharatos, MPH, Partnerships and Resources Lead, Maternal Mortality Prevention Team, Division of Reproductive Health, Center for Chronic Disease Prevention and Health Promotion (CDC)
- 10:00 a.m. – 10:30 a.m.**
Plenary: National Partnership to Address Disparities in Infant and Maternal Health
Speakers:
- **U. Michael Currie, MPH, MBA, Senior Vice President and Chief Health Officer, United Health Group**
 - **David Williams, MD, Regional Vice President and Senior Medical Director, United Clinical Services, UnitedHealthcare**

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10:30 a.m. – 10:45 a.m.

Healthy Start Choir

10:45 a.m. – 11:00 a.m.

Break

11:00 a.m. – 11:45 a.m.

Plenary Panel: Addressing Maternal Health Disparities at the National, State and Community Levels

Moderator: Kimberly Sherman, MPH, MPP, *Women's Health Specialist, DHSPS*

Panelists:

- **Candace Webb**, *Program Director, Alliance for Innovation in Maternal Health (AIM), American College of Obstetricians and Gynecologists (ACOG)*
- **Andria Cornell**, *Associate Director, Women's and Infants' Health, Association of Maternal and Child Health Programs*
- **Rose Aka-James, MPH**, *National Membership Manager, Black Mamas Matter Alliance*
- **Joia Crear-Perry, MD, FACOG**, *President and Founder, National Birth Equity Collaborative*

11:45 a.m. – 12:15 p.m.

Break

12:15 p.m. – 1:30 p.m.

Regency ABC – Ballroom Level

Luncheon: We Fight for All Children: 400 Years of Inequality and Our Family Stories

Speaker: Molly Rose Kaufman, *Director, University of Orange, a free people's urbanism school dedicated to education for equitable cities.*

1:30 p.m. – 1:45 p.m.

Break

1:45 p.m. – 3:15 p.m.

Locations – TBA

Concurrent Workshops – Session C

C1: Healthy Start COIIN

Presentations & Presenters:

C2: Sparking Innovation in Maternal Health & Wellness: An Overview of HRSA's Maternal and Child Health Bureau's Women's Health Portfolio – Addressing Maternal Mortality and Severe Maternal Mortality

Presenters:

- **Sandra Lloyd, RN, BSN, MEd**, *Public Health Analyst, HRSA*
- **Kimberly C. Sherman, MPH, MPP**, *Women's Health Specialist, HRSA*
- **Kacie McLaughlin, MPH**, *Public Health Analyst, HRSA*
- **Ada Determan, PhD, MPH**, *Public Health Analyst, HRSA*

C3: Male Involvement

Presentations & Presenters:

- **The Community Perspective on Father Involvement Across the Life Course: "Cause things change and...you just gotta modify your old ways"**

Presenters:

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- **Roneé E. Wilson, PhD, MPH, CPH, REACH UP**
- **Shanda Vereen, MSPH, Doctoral Student, University of South Florida, REACH UP Incorporated**
- **Rashida Jones, PharmD, Doctoral Student, University of South Florida, REACH UP Incorporated**
- **Hamisu M. Salihu, MD, PhD, Professor and Vice Chair of Research, Baylor College of Medicine, REACH UP Incorporated**
- **Estrellita “Lo” Berry, MA, President and CEO, REACH UP, Incorporated**
- **Deborah A. Austin, PhD, Director of Community Engagement, REACH UP Incorporated**
- **The Five Bright Spots to Designing Your Fatherhood Program**
Presenter: Erik Vecere, MS, Vice President, Program Support, National Fatherhood Initiative
- **Emerging Best Practices for Promoting Family Wellbeing: Data from a Multi-site Evaluation of Fatherhood Programs in Michigan**
Presenters:
 - **Shawna J. Lee, PhD, MSW, University of Michigan School of Social Work**
 - **Jonathan W. Lawrence, BSW, Ingham County Health Department**
- **Shaping Generations Through Today's Parents: An Evaluation of the “Stronger Parents Brighter Futures” Program for Adolescent Mothers and Fathers in Virginia**
Presenters:
 - **Richelle Burney, LCSW, CSAC, Statewide Coordinator for High Schools and Higher Education, Stronger Parents Brighter Future, Virginia Department of Health**
 - **Anthony J. Mingo, Sr., Project Director, Stronger Parents Brighter Future, Virginia Department of Health**
 - **Leroy Thompson, Jr., PhD, Data Manager and Project Evaluator, Stronger Parents Brighter Future, Virginia Department of Health**

C4: The Making of the Film Toxic: A Black Woman's Story

Presenter: Megan Walsh, LISW-S, Cleveland Department of Health

3:15 p.m. – 3:30 p.m.

Break

3:30 p.m. – 5:00 p.m.

**Focus Groups
NICHQ**

Regency BC – Ballroom Level

5:15 p.m. – 6:30 p.m.

**Heart to Heart
(Healthy Start Project Directors ONLY)**

Regency A – Ballroom Level

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Wednesday, October 23, 2019

8:30 a.m. – 10:00 a.m.

Congressional Breakfast

Regency ABC – Ballroom Level

8:30 a.m. – 8:45 a.m.

Opening Remarks

Speakers:

- **Deborah Frazier, NHSA CEO**
- **Madie Robinson, Chair, NHSA's Government Relations Committee**

Regency ABC – Ballroom Level

8:45 a.m. – 9:10 a.m.

Plenary Remarks

Speaker: TBA

9:10 a.m. – 9:30 a.m.

Getting Ready for the Hill/ Kick-Off Rally for Hill Visits/Return of Hill Visit Forms

Leader: Madie Robinson (see above)

9:30 a.m. – 9:45 a.m.

Closing Remarks

Speaker: Angela Ellison, Conference Chair