

COVID-19 INFORMATION AND RESOURCES: PREGNANCY, BREASTFEEDING AND NEW MOMS

This document contains material relating to pregnancy and breastfeeding plus some for new moms. Many of these resources have *more* resources in them! Much new information has been made available since we started these Resource Lists.

The American College of Obstetricians and Gynecologists (ACOG) published a "Practice Advisory" on COVID-19 on March 13, 2020. Here is the link for this detailed resource paper: <https://www.acog.org/Clinical-Guidance-and-Publications/Practice-Advisories/Practice-Advisory-Novel-Coronavirus2019>

ACOG and the Society for Maternal-Fetal Medicine (SMFM) Joint Statement, [Recent Developments Regarding COVID-19 and Pregnant Women](#)

ACOG, American Academy of Family Physicians, American College of Nurse Midwives and SMFM Joint Statement, [Patient-Centered Care for Pregnant Patients During the COVID-19 Pandemic](#)

Link to the materials for the March 12, 2020, CDC webinar with information on COVID-19 as it relates to pregnant women: https://emergency.cdc.gov/coca/calls/2020/callinfo_031220.asp

4th Trimester Project, [Coronavirus for New Moms](#)

Baby Basics book: The What to Expect Project wants to help and knows that the *Baby Basics* books are a great resource. Click [here](#) to order books. If you need assistance to pay by check, call 646-306-2116

Before and Beyond, [Getting Pregnant - or Not - During the Time of Coronavirus](#)

Bloom Foundation, [The Mom Support Group](#) (virtual peer-to-peer support group)

California Preterm Birth Initiative, [COVID-19 Guidelines for Providers and Pregnant People](#)

Centers for Disease Control and Prevention have lots of great resources. Here are just a few:

Link to the materials from the March 12, 2020, CDC webinar with info on COVID-19 as it relates to pregnant women: https://emergency.cdc.gov/coca/calls/2020/callinfo_031220.asp

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/pregnancy-faq.html>

<https://www.cdc.gov/coronavirus/2019-ncov/specific-groups/pregnancy-guidance-breastfeeding.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/pregnancy-breastfeeding.html>

This one is from the Bureau of Primary Care, Health Resources & Services Administration:

<https://www.bphc.hrsa.gov/emergency-response/coronavirus-frequently-asked-questions.html>

Evidence-Based Birth, [Birthing in the Time of COVID-19](#) (This is a video on options during COVID-19)

Group Peer Support offers [virtual support groups](#) with different themes

March of Dimes, New Moms Need Blog:

English: <https://newsmomsneed.marchofdimes.org/hot-topics/5-things-to-know-about-the-new-coronavirus-and-pregnancy>

<https://newsmomsneed.marchofdimes.org/hot-topics/what-you-need-to-know-about-the-2019-novel-coronavirus>

Spanish: <http://blog.nacersano.org/complicaciones-y-riesgos/que-puede-hacer-para-ayudar-a-prevenir-la-enfermedad-de-coronavirus/>

<http://blog.nacersano.org/noticias/como-protegerse-del-coronavirus/>

March of Dimes, [COVID-19: Things to Know if You're Pregnant](#)

March of Dimes hosts a weekly Facebook Series, [Healthy Moms, Strong Babies](#)

Maternal and Child Health Bureau (MCHB) has good info. that gets updated regularly. Start here; each one has more links to check out:

[MCHB Grantee: Frequently Asked Questions](#)

[Home Visitor Mitigation of Risk](#)

MomsWell, [Virtual Support Groups for Expecting and New Moms](#)

Motherhood Center's [Virtual Day Treatment Program](#) (for expecting or postpartum moms)

Motherhood Collective offers [short videos](#) (2-10 minutes) on topics related to COVID-19

MotherToBaby, [COVID-19 in Pregnancy & Breastfeeding](#) (links to specific articles)

Postpartum Support International offers [weekly online support meetings](#)

Scientific American, [Keeping Pregnant Women Safe During the Pandemic](#)

Smart Mother's Guide, [Five Things Pregnant Women Should Know about the Coronavirus](#)

UNICEF, [Navigating Pregnancy During the Coronavirus Disease \(COVID-19\) Pandemic](#)

WebMD, [Being Pregnant Doesn't Increase COVID-19 Risk](#) (06/10/2020)

What to Expect, [What to Know about Coronavirus If You're Pregnant](#)

What to Expect Project has all sorts of helpful coronavirus-related articles. Click [here](#) to go to their Coronavirus News page. Here's one example: [Coronavirus and Breastfeeding: What Nursing Moms Should Know about COVID-19](#)

NHSA is not endorsing or vouching for, has not vetted or evaluated, and is not responsible for the quality of services or information provided by third parties. The links are provided for convenience only and are not an endorsement of either the linked-to entity or any product or services.