



Happy Mother's Day to all the mamas who receive this message -
And to all the moms you serve (and grandmas, aunts and mother
figures)!

NHSA is pleased to share the following information and/or links with you!

1. Don't Forget to Register for these Healthy Start EPIC Center Webinars:

Special Initiative: Conversations with the Division of Healthy Start and Perinatal Services

May 17 @ 1:00 pm - 2:30 pm

This webinar will cover updates from the Division. The HS EPIC Center will provide and update to include a reminder of resources and initiatives. There will also be an opportunity to submit questions to the Healthy Start federal leadership.

Registration Link: <https://cc.readytalk.com/r/hynsqnfntp8v&eom>

Hear from you Peer: Building Your Behavioral Health Referral Network in the Context of Healthy Start

May 31 @ 3:00 pm - 4:30 pm

Building and facilitating access to a culturally competent referral network is an important component for supporting the behavioral health needs of pregnant women and families served by Healthy Start. This webinar will describe the general structure of a behavioral health network in the context of a health services system, explore strategies for developing a plan for establishing a referral network, which includes identifying and establishing relationships with partners in building your referral network, describe the components of making an effective referral. The webinar will also highlight examples of projects and programs that have established an effective behavioral health network.

Registration Link: <https://cc.readytalk.com/r/3sxxg1j8v4k86&eom>

2. Resource: Vitamin Angels

Vitamin Angels is nonprofit organization providing lifesaving vitamins to mothers and children under five at risk of malnutrition — reducing preventable illness, blindness, and death — to create a healthier world. The contact person is Ann Micka. amicka@vitaminangels.org.

<https://www.vitaminangels.org>

(Thanks to Baltimore Healthy Start, Inc.'s Lashelle Stewart for alerting us to this resource!)

3. Baltimore Healthy Kids' Meal Bill Signed into Law

In her first public bill signing, Mayor Catherine Pugh signed legislation that will make healthier

drink options the norm for Baltimore families when ordering restaurant kids' meals.

The bill ensures that water, milk, and 100% fruit juice will become the default drink options for all restaurant kids' meals in the city of Baltimore. Families will be able to order other drinks upon request, but changing the default will help to change the social norm.

Baltimore is the tenth and largest American city to pass such legislation, and the first on the east coast. Congratulations to [Sugar Free Kids Maryland](#) and other advocates on this major victory as Baltimore moves closer towards improving the health of all children by making healthier choices the norm!

(Source: Voices for Healthy Kids, May 2, 2018.)

4. The Health Care System in Racial Disparities in Maternal Mortality

Click [here](#) for an article with wonderful information and resources: *The Health Care System and Racial Disparities in Maternal Mortality*

And the click [here](#) for *The Environment that Racism Built: The impact of Place on Maternal and Infant Health*.

5. "The Daily": A crisis for black mothers

Black mothers and infants in the United States are far more likely to die from pregnancy-related causes than their white counterparts. The disparity is tied intrinsically to the lived experience of being a black woman in America.

Featured on the May 11, 2018 episode:

- Linda Villarosa, a contributing writer for The New York Times Magazine.
- Simone Landrum, a young mother in New Orleans.

Background reading:

Black women in the United States are three to four times more likely to die from pregnancy-related causes as white women, and black infants are more than twice as likely to die as white babies. A growing body of research links this disparity to [the toxic psychological stress experienced as a result of systemic racism](#).

Click [here](#) to listen.

See what's happening on our social sites.

