



PRESENTS



Community Doulas For Expecting Families And Their Support

HEALTHY START VIRTUAL COMMUNITY-BASED DOULA WORKSHOP

To Register and Receive the Zoom Link,
email: temp2@mbrcinc.org

Wednesday, July 27, 2022
10:00am - 11:30am

SPEAKER:

OKUNSOLA M. AMADOU, CPM, CD, CLC CEO,
JAMA BIRTH VILLAGE
ST. LOUIS, MO

Community based doulas are proven to be a key solution to positive pregnancy, birthing and postpartum experiences.

While the statistics relating to doula care speaks for itself, many providers, community members and family members of pregnant people don't fully understand the role, scope and purpose of doulas, or even how to access affordable doula care services in their community.

Each person attending the workshop will leave with a full understanding of the doula profession, knowledge on how to access doula care, and the importance of utilizing doulas across systems as a solution in attaining respectful, informed and positive birthing experiences for pregnant people.

FOR MORE INFORMATION CONTACT:

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In this 90-minute workshop led by Doula care expert **Okunsola M. Amadou, CEO** of Jamaa Birth Village, a leading Doula care organization in Saint Louis, we'll explore the history of doulas in maternal health, their professional scope, roles during the perinatal period, and how doulas can be integrated into the hospital and maternal health ecosystem in eliminating birth disparities for Black and marginalized pregnant people.