



## **NHSA Monthly Fatherhood Webinar**

# **Maternal Mental Health: Understanding the Signs and Supporting Recovery**

### **Thursday, May 18, 2023, 1:00 - 2:00 PM ET**

Pregnancy, having a new baby, and parenting can bring a range of emotions. In fact, many women feel overwhelmed, sad, or anxious at different times during their pregnancy and after their babies are born. For many women, these feelings go away on their own. But for some, these emotions are more serious and may stay for months. Those who experience lingering feelings can be identified and supported by the father/partner.

The goal of the session is to help fathers/partners in recognizing some of the warning signs related to Maternal Mental Health, how to appropriately respond, being aware of available resources, and offering recommendations towards providing on-going support.

Please join us on Thursday, May 18th at 1:00 p.m. ET to hear from National Healthy Start's very own, Saanie Sulley, MD, PhD, MBA and Ashely Calderone, DNP, RN, CLC, IBCLC, C-ONQS. They will provide some valuable and innovative insight towards how to support fathers as they support their partners in their mental health.

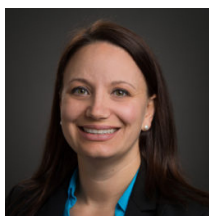
#### **Presenters:**

Saanie Sulley, MD, PhD, MBA, is a data manager with the AIM CCI project, providing data infrastructure and analytics support to participants in the project. He is a health informatician with experience in medicine, clinical decisions support systems (CDSS), healthcare data integration and predictive modeling.

Ashley Calderone, DNP, RN, CLC, IBCLC, C-ONQS, is the Clinical Implementation Manager with the AIM CCI project. She has clinical experience in Pediatric, Postpartum, and Neonatal Intensive Care Units.



Dr. Saanie Sulley



Dr. Ashley Calderone

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